



# R RESPONSIBILITY

The ability to take charge of one's life, fulfill one's obligations, be accountable for one's actions and not let people down.

# E EMPATHY

The ability to listen deeply to another person's story or experience and connect to the person's feelings and story.

# S SELF-DISCIPLINE/ SHARE AIR

The act of ensuring that everyone has an opportunity to participate in a group task or a project, and no one dominates the discussion.

# P PARTICIPATION

The act of sharing, joining, or working with others to make decisions, complete a task or initiate a project.

# E ENTHUSIASM

The energetic and unflagging pursuit of an aim or a devotion to a cause.

# C COOPERATION

The important skill that helps us work successfully in groups and interact harmoniously with others.

# T TRUST

The ability to let others know your feelings, emotions and reactions, and have the confidence in them to be supportive and encouraging.